

**Native American Health Center**

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March 16, 2009

State Treasurer Bill Lockyer  
California State Treasurer's Office  
915 Capitol Mall, Room 110  
Sacramento, CA 95814

Finance Director Mike Genest  
California Department of Finance  
915 L Street  
Sacramento, CA 95814

**RE: Protect Medi-Cal Adult Dental Program Above All Other "Optional" Health Services**

Dear State Treasurer Lockyer and Finance Director Genest:

Native American health clinics in California are part of a health care system that is chronically under funded and highly dependent on the Medi-Cal program to provide vital dental care to adult patients from all backgrounds. In light of this, if budget reductions must be made to the vast Medi-Cal program, please retain adult dental care.

To be specific, please protect the Medi-Cal adult dental program above all other "optional" Medi-Cal benefits. If budget cuts are required of optional services provided under this benefits plan, please retain adult dental while eliminating the other proposed optional services. Also, please assist in reclassifying adult dental care as part of the basic medical benefits package and not as an optional benefit. Federal guidelines establish the core Medicaid services. However, evidence-based medicine demonstrates that oral health should be an integral part of BASIC medical care and NOT an optional benefit. Therefore, please work with the federal Centers for Medicaid and Medicare Services to reclassify adult dental care.

Oral health status affects overall health and well being, as well as employability and productivity. Poor oral health not only results in needless and avoidable pain and suffering but also is associated with a variety of other diseases and conditions, including respiratory disease, diabetes, stroke, heart disease, and preterm and low birth weight deliveries. Poor oral health also may lead to loss of employment and reduced hours of work due to pain, infection and associated dental visits. Yet 2.8 million adults in California could lose access to dental services if the current proposal to eliminate the Medi-Cal adult dental program as a cost cutting measure is enacted. While the program's elimination would result in only a minor reduction in state outlays, it would cause the loss of at least \$115 million of federal matching funds, substitute more expensive services for less expensive treatments and preventive services, and exacerbate the problems of the safety net by placing more pressure on community clinics and emergency rooms. Eliminating the Medi-Cal adult dental coverage would have other significant ramifications, including lower participation by dentists in the program and ultimately, significant oral health and medical problems in racial and ethnic communities, pregnant women, low-income, disabled and elderly adults.

Sincerely,

Ethan Nebelkopf, PhD  
Director, Behavioral Health  
Native American Health Center, Inc.